 Holy Trinity EYC Camino 2018 Packing List

*Check weather forecast before final packing. The Camino is at the latitude of Detroit. It may rain one out of every three days or we may have a dry spell.*

**Clothing Essentials**:

* 1 Pair of Hiking Boots or Low Top Hikers; 1 Pair Flip flops or Sandals (for after the day's hike, think lightweight)
* Hiking socks 3-4 pairs (Dry Wick/Smart Wool);Liner Socks (1-2 pairs)
* Shirts 3-4 (suggest a mix of long sleeve and short sleeve, must be dry wick, not cotton)
* Underwear (3 to 4 pairs, consider synthetic)
* Pants, Shorts (3-4 pairs mix long pants, shorts or convertibles)
* Hat, Bandanas, Sunglasses
* Fleece Top or Vest (look at forecast lows before trip).
* Rain Poncho (large enough to cover body and pack)

**Toiletries Essentials:**

* Please read the TSA guidelines for carry on liquids. They should be in a clear, one liter plastic bag
* Travel Size: Sunscreen, Deodorant, Dr. Bronner’s (for body and clothes) \*Hotels have Sham/Cond
* Medications: Please report these to Meredith

**Gear Essentials**

* Passport & Passport Holder/Stowaway (please go to Mori Luggage or REI to review options)
* Backpack 35 to 65 liters (backpacks need to be professionally fitted)
* Rain cover for pack or garbage bag to line pack.
* Flashlight or Headlamp
* Water Bottle 1.5 liters- make sure you can attach to pack
* Small 1st Aid Kit – (Neosporin and Moleskin or Compeed for blisters)
* Stash away pouch for money and credit cards
* Duffle bag or specific pack bag (Osprey makes bag called the Airporter) to contain backpack during air travel.
* Light travel bag for flight w change of clothes. Must fit in pack after landing.

**Gear Options**

* Water bladder to fit inside the backpack
* Sleeping mask, earplugs for flight
* Cell phone with international package (contact your cell phone service provider)

**Do not Bring:**

* Hair Tools: Hair Dryer, Curling Iron, Flat Iron, etc.
* Tobacco products, Alcohol, Illegal Drugs, Fireworks, Firearms, etc.